

*“So, tell me,  
what is it that you plan  
to do with your one wild  
and precious life?”*

Mary Oliver



# Map my Future.

Supporting Students and Recent Graduates to succeed



for further information contact:

[www.tcd.ie/careers](http://www.tcd.ie/careers)



**Trinity College Dublin**  
Coláiste na Tríonóide, Baile Átha Cliath  
The University of Dublin

# Postgraduate Student Orientation 2024

## Your Career

**Orlaith Tunney (she/her)**

Careers Consultant @ Trinity Careers Service

[www.tcd.ie/Careers](http://www.tcd.ie/Careers)

# Agenda

The labour market and recruitment in Ireland

Overview of Careers Services @ Trinity

Where to find jobs in Ireland, and beyond

Articulate Your Skills to Employers

A Call to Action

Questions and Comments



# Labour Market Ireland

## Difficult to fill vacancies survey










- Science, Engineering and Technology
- Construction
- Transport and Logistics
- Financial
- Health & Allied Health
- Other – management, languages, marketing



# Top 10 skills on the rise between 2023 and 2027- World Economic Forum

## Top 10 skills on the rise



- |   |   |
|---|---|
| 1.  Creative thinking                    | 6.  Systems thinking                           |
| 2.  Analytical thinking                  | 7.  AI and big data                            |
| 3.  Technological literacy               | 8.  Motivation and self-awareness              |
| 4.  Curiosity and lifelong learning      | 9.  Talent management                          |
| 5.  Resilience, flexibility and agility | 10.  Service orientation and customer service |

### Type of skill

 Cognitive skills    Self-efficacy    Management skills    Technology skills    Working with others    Engagement skills

Source  
World Economic Forum, Future of Jobs Report 2023.

Note  
The skills judged to be increasing in importance most rapidly between 2023 and 2027



# Plugging a Skills Gap

LinkedIn Learning For Free Skills Courses

Access using this Trinity ITServices link

<https://www.tcd.ie/itservices/our-services/it-skills-development/online-learning-with-linkedin-learning/>



# Early Careers Employer Survey 2024

## Recruitment Channels used to recruit/advertise graduate opportunities

7.5 weeks from posting a job to making an offer





# Early Careers Employer Survey 2024

## Application Process



**89%**

CV &  
Covering letter



**58%**

Pre-screening  
questions



**42%**

Application  
form



**24%**

ATS (Applicant  
Tracking System)



**20%**

Aptitude  
tests



**20%**

Personality  
questionnaires



**9%**

Video  
applications

# Early Careers Employer Survey 2024

## Selection Tools and Pre-employment Checks



**77%**  
Virtual Interviews



**54%**  
Competency Behavioural-Based Interviews



**44%**  
Telephone Interviews



**33%**  
Strengths-Based Interviews



**31%**  
Video Interviews



**24%**  
Presentations



**14%**  
Assessment Centres



**10%**  
Other

### Pre-employment process

**100%**



References

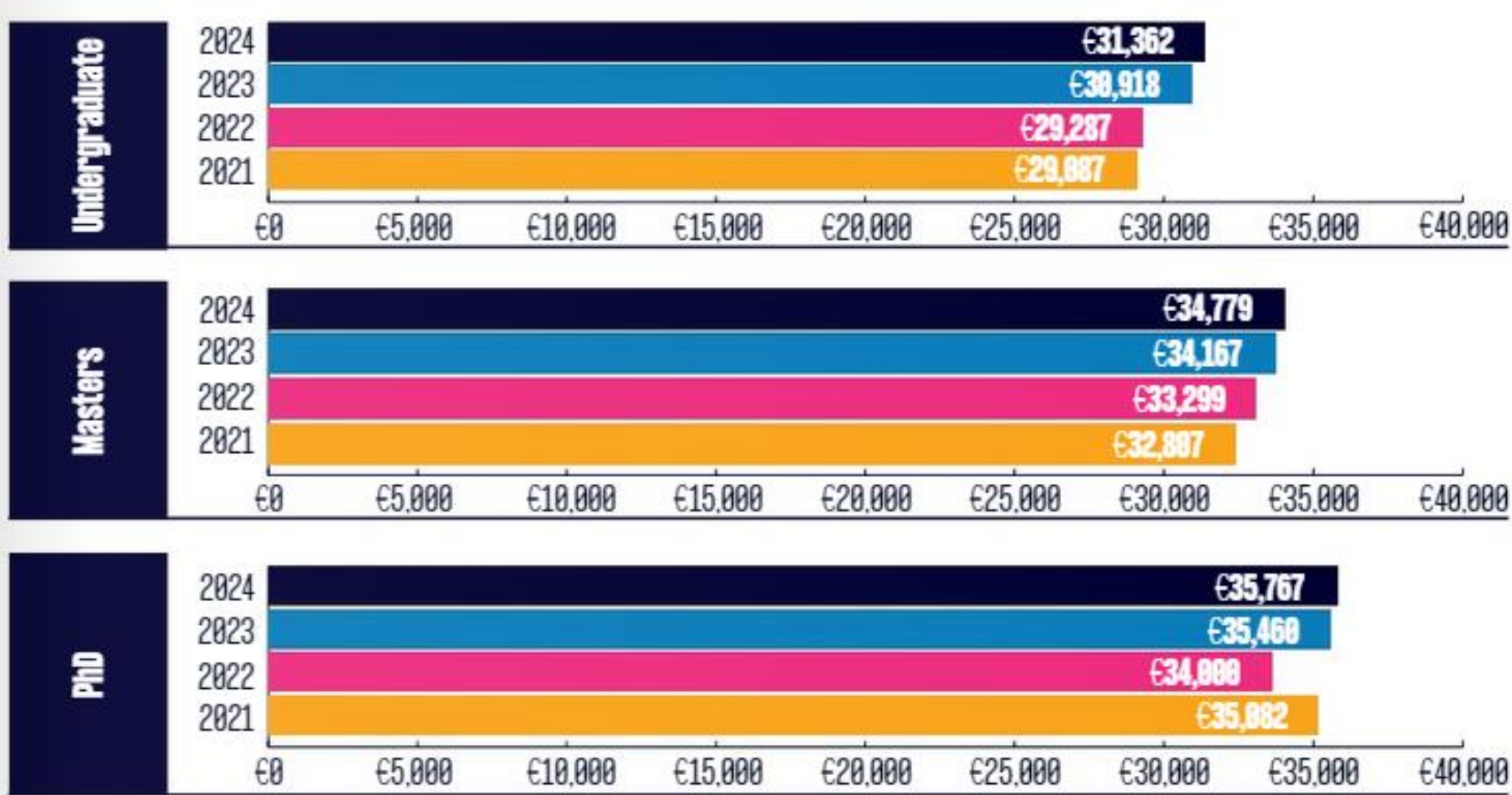
**30%**



Social media Checks

# Early Careers Employer Survey 2024

## Average Graduate Salaries- Trending Data





## Two Careers Services at Trinity

Trinity Careers Service



Trinity Business School  
Careers & Community  
Team



## MEET THE CAREERS TEAM



Dedicated Careers  
Consultant  
for every  
programme



**Sarah  
Jones**



**John  
Wynne**



**Orla  
O'Dwyer**



**Orlaith  
Tunney**



**Marielle  
Kelly**



**Fiona  
Hayes**

Book One to  
One meetings  
@ MyCareer





**CAREER  
SERVICES  
AT  
TRINITY  
COLLEGE  
DUBLIN**

## Careers Supports for You

- 1-1 Career Guidance
- CV & LinkedIn Review Clinics
- Practice Interviews
- Career Fairs
- Employer Events & Opportunities
- Psychometric Tools
- Meet us in person or online

## Awards and Opportunities for PG

- Career Skills Award
- Careers & Employability modules for PhD students
- Iveagh Fellowship

## Mentoring

- Opportunities to connect with Trinity's Global Alumni, explore careers and get advice through Trinity Alumni Online Mentoring

## Get in touch

[www.tcd.ie/careers](http://www.tcd.ie/careers) for information and advice and to access MyCareer to book our services

Follow our:

- Instagram [@trinity.careers.service](https://www.instagram.com/trinity.careers.service) for careers news and advice
- Graduate Stories Podcast

Email: [careers@tcd.ie](mailto:careers@tcd.ie)



# Sign into MyCareer to:

## Book Appointments & Events:

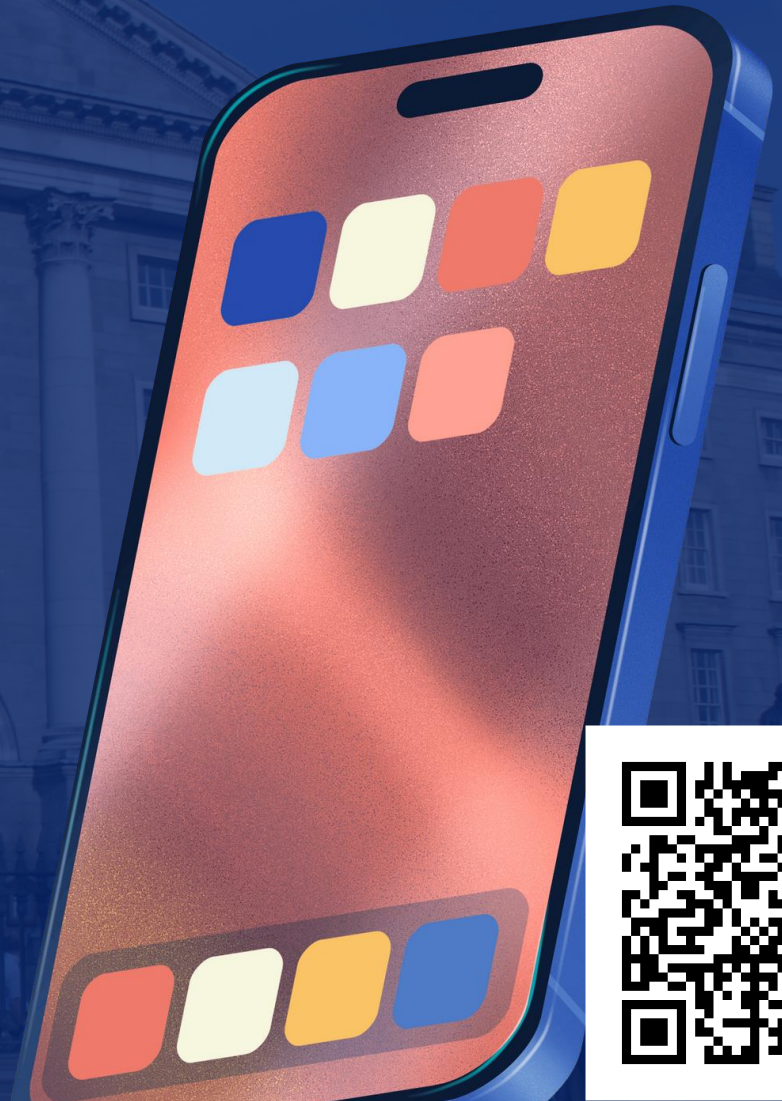
Book an appointment with your Career Consultants or book into employer and career service events

## Find Opportunities:

Search and apply for vacancies, research employers and learn about postgraduate courses and funding

## Ask a Query:

Ask questions 1-on-1 with your Career Consultants without needing to book appointments





# The Careers & Community Team



**Ruth O'Leary**  
Head of Careers and  
Community



**Conor Edwards**  
Alumni & Corporate  
Relations Manager



**Aoife Fitzpatrick**  
Employer Engagement



**Kate Burke**  
Careers Consultant



**Victoria Lawlor**  
Careers Consultant



**Patrick Phillips**  
Careers Consultant



**Krystyna Harney**  
Careers Consultant



**Mark Heeny**  
Careers Consultant



**Adrian McHugh**  
Careers Administrator



# Trinity Business School

## Careers & Community Team

Explore your career options, prepare effectively for your next career move, and gain the skills required to help you reach your full potential.

- Year-round Careers Workshops on a variety of topics
- Careers Fairs, employer presentations and networking events
- Online careers resources like 12twenty, Vmock, Shortlist.me and CareerLeader



# 12twenty

**The Trinity Business School  
Postgraduate Careers Platform**

Book an appointment (Zoom or in person)  
Register for events  
Manage your job search  
Find & apply for opportunities  
Connect with alumni  
View salary data

**Register Today!**

**Email:** [business.careers@tcd.ie](mailto:business.careers@tcd.ie)



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The University of Dublin

# TRINITY CAREERS FAIR



**Business, Finance and Consultancy**

**| Tuesday, 24th September 2024**

**Computing and Technology**

**| Tuesday, 01st October 2024**

**Law Fair**

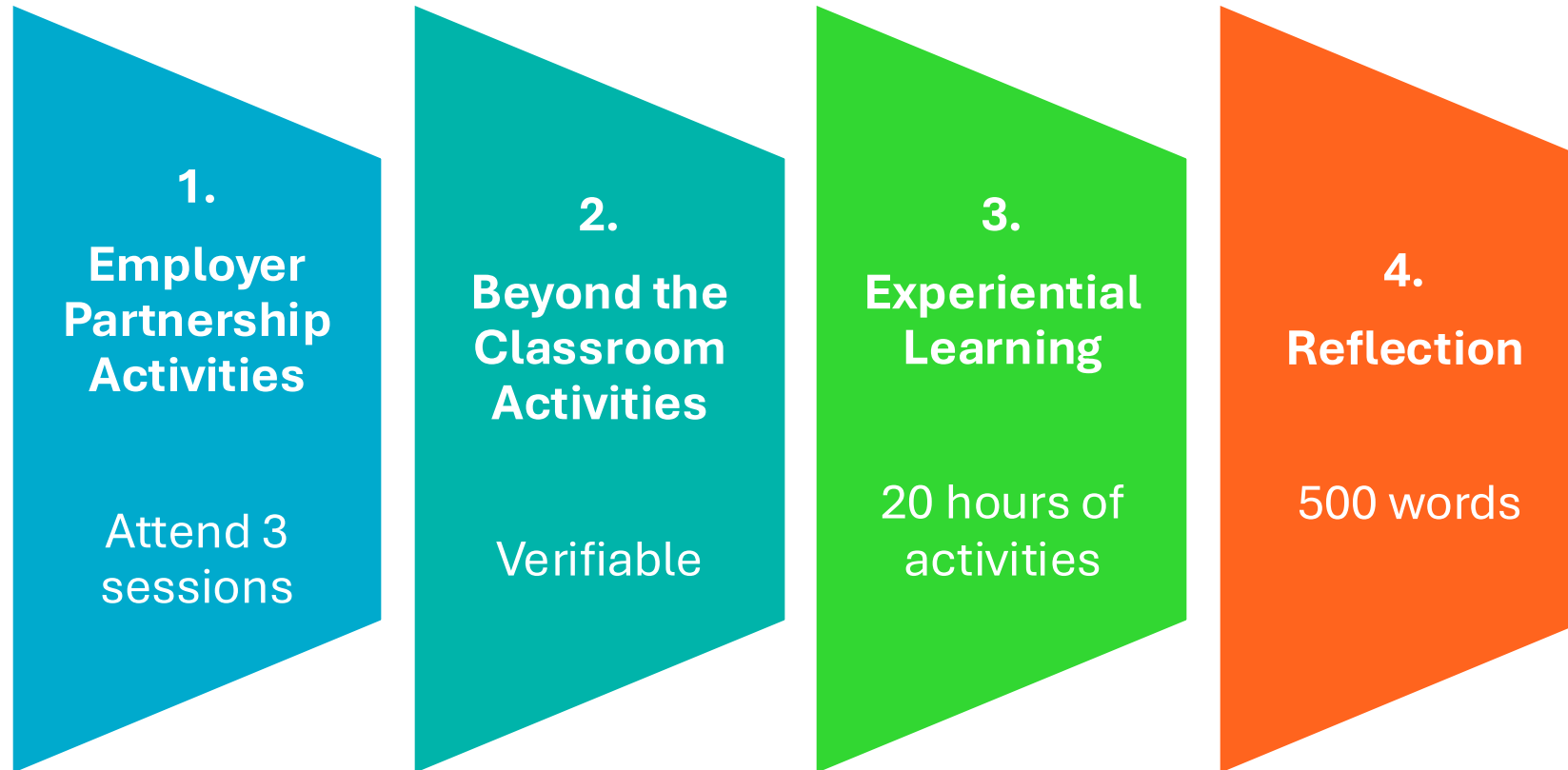
**| Thursday, 03rd October 2024**

**Engineering and Environment**

**| Thursday, 10th October 2024**

**11:30am-2:30pm**  
**Trinity Sports Centre**

# Career Skills Award- Build Your Skills, Shape Your Future.



Register on MyCareer (Pathway). Students must complete all four categories.

**Submission Closing Date: March 15, 2025**



# Other Sources of Jobs

Online Recruitment – LinkedIn, glassdoor.ie, jobs.ie, irishjobs.ie, activelink.ie

Trinity Careers Service – MyCareer, Devex, FirstHand

International Organisations and NGOs – EU, UN, Goal

Public Sector – publicjobs.ie

Recruitment Agencies- Employment and Recruitment Federation, Ireland

Networking

Finding a Mentor

CAREER OPPORTUNITIES IN:

- DEVELOPMENT
- HEALTH
- HUMANITARIAN ISSUES
- SUSTAINABILITY ISSUES

WHAT DOES

**devex**  
Do Good. Do It Well.™

OFFER YOU?





Find out about your rights when living, studying and working in Ireland at [www.internationalstudents.ie](http://www.internationalstudents.ie)



For queries about immigration and visas, contact Zhilong Wang, Immigration and Support Officer, Trinity Global Room [tcdglobalroom@tcd.ie](mailto:tcdglobalroom@tcd.ie)



For information on work permits, visit the Department of Enterprise, Trade and Employment website at [www.enterprise.gov.ie](http://www.enterprise.gov.ie)



Find more advice and resources for international students at our website [www.tcd.ie/Careers/students/international.php](http://www.tcd.ie/Careers/students/international.php)

# International Students

# 5 and 10 ECTS Accredited Modules for PhD Students

- Discover the skills to develop through your PhD relevant to the workplace
- Create a career path that reflects what is important to you
- Strategies to proactively manage your career
- Create connections with alumni and other PhD students
- Complete a work-based learning experience (secured by the student) (10 ECTS module only)



**CAREERS & EMPLOYABILITY  
MODULES FOR PHD STUDENTS**

**STARTING SEMESTER TWO**



CV/LinkedIn Profile



Interview



Connecting/ Networking

## Articulating Your Skills to Employers





## ESSENTIAL ELEMENTS OF A STRONG CV

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**Call to Action:** Watch the online tutorial | Attend a CV Clinic

# Interview Practice- Shortlist.me

**LAPTOP, CAMERA, ACTION!**

**CLICK HERE  
FOR MORE  
INFORMATION**

**GET STARTED WITH VIDEO INTERVIEWING USING**



**Call to Action:** Complete an online interview with Shortlist.me | Book a Practice Interview



# Connections are important

## Future of Work

- ✓ Connections are important as things are changing rapidly
- ✓ Stay ahead of trends
- ✓ Spot opportunities
- ✓ Shadow a friend/ Trinity alum in another organisation / industry
- ✓ Reskill / upskill







## ALUMNI

Sign up to be a mentor, mentee or both! You can mentor students and alumni.



- Share your experience and expertise
- Benefit from the advice of your alumni peers
- Shape the next generation of Trinity's leaders

## CAREER MENTORING

Professional Development for Students and Alumni



Learn more and  
**REGISTER ONLINE**

## STUDENTS

Sign up to connect with an alumni mentor in your desired field.



- Grow your professional network
- Receive career advice from alumni around the world
- Gain insight from Trinity's industry leaders

[www.trinity.aluminate.net](http://www.trinity.aluminate.net)

# The Art of the Elevator Pitch

Response to the question: “And what do you do?”



**How exciting.  
Tell me more!**

## Sue's Elevator Pitch.

Her answer to “So what do you do?”

*“I’m studying for an MPhil in Film Studies at Trinity. My speciality is Screen Writing, and I am creating a portfolio. Through the Trinity Film Society, I am gaining experience in the development process. In collaboration with a musician and an actor we submitted a short film to the Julien Dubuque International Film Festival. I’m committed to working in the film industry as a screen writer. At the moment I am working as a runner until the end of next month and open to any position in film after that.”*



## Exercise

Take 3 minutes to write three sentences which describe what is important to you, describe highlights and achievements relevant to the organisation of your dreams.

### In pairs

Ask each other “and what do you do?”  
Remember you’re hoping for a positive reaction “Oh really, tell me more” or “are you on LinkedIn?”

Take 2mins each.



**Exercise:**  
**Your pitch to the person who could offer you a job in the organisation of your dreams**  
**“And What Do You Do?”**

# Summary- Calls to Action

- Looking for a job after graduation? **Attend an Employer Fair; Book a CV/LinkedIn Clinic**
- Interested in growing your network? **Register with Trinity Alumni Online** and attend a **Meet a Mentor Event**
- Interested in the Career Skills Award? **Register on MyCareer [Pathways]**
- Sign in to Trinity Careers Service portal **MyCareer** (all students).
- Sign in to Trinity Business School Postgraduate careers platform **12Twenty** (Trinity Business School students only)



# Questions & Comments

Orlaith Tunney  
Trinity Careers Service

